



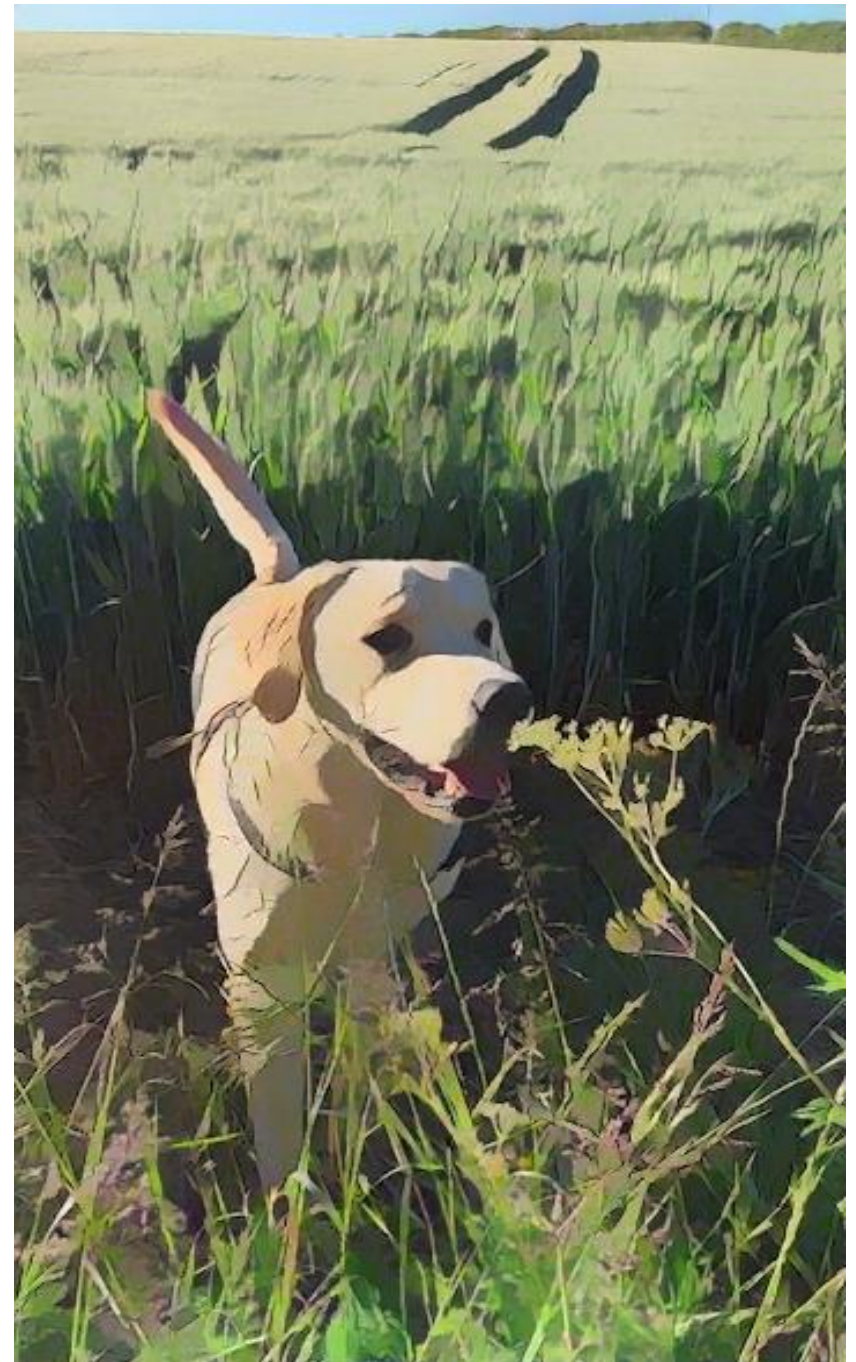
**I am Roo,
Who are you?**

Hello, Good Day, How do you do?
My name is Rufus,
But you can call me Roo.
I want to share a little about me,
So sit back, read or listen with a biscuit
(or three)

While I share my story through pictures
and words,
maybe you can share yours with
whoever you're with?



First things first, I'm a Goldador.
That's a Golden Retriever with a little
bit more.
My ears are soft, and can show you
how I feel.
I was born in October, in a house
surrounded by fields.



Some humans look after me, and
they're really kind.
They make sure I have the things that I
need.
Toys, walks, a bed and a home,
And when I'm really good, they give me
a bone!



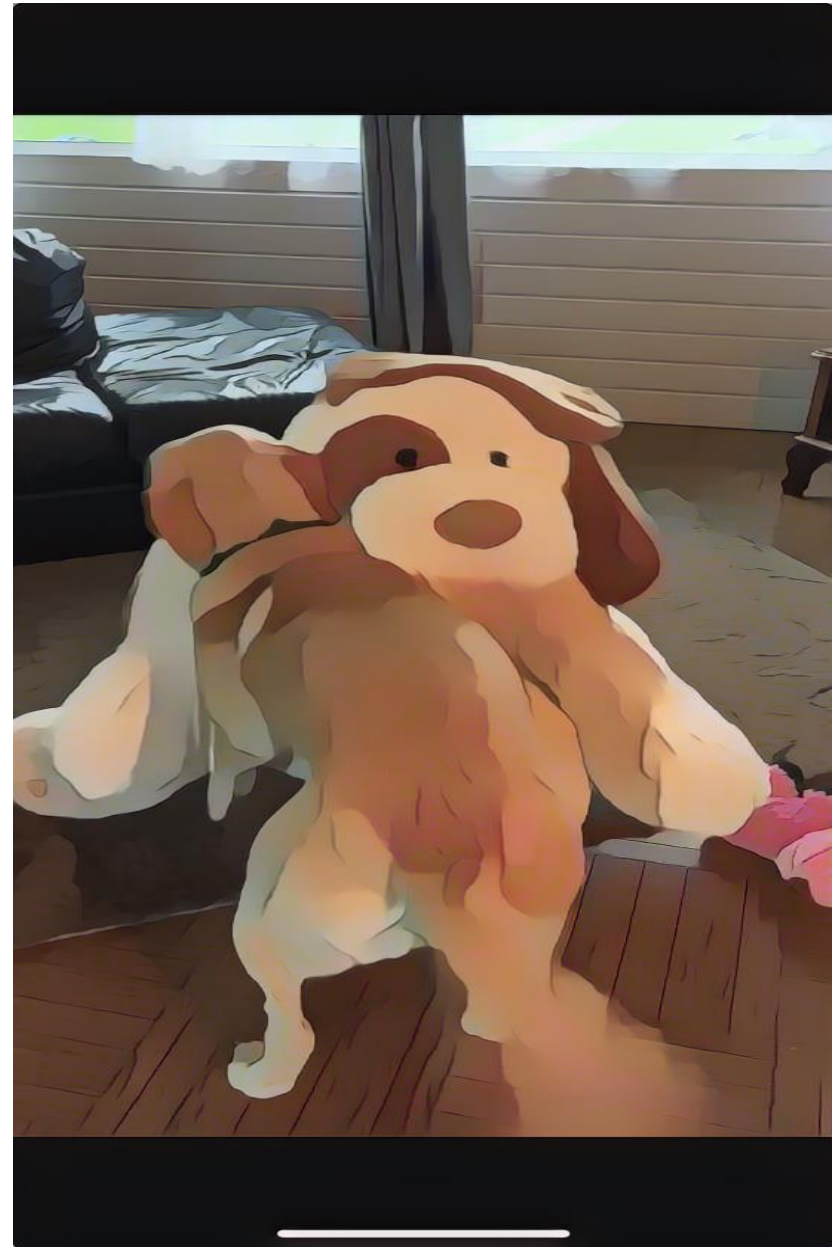
My favourite thing in the world to do,
Is go to the beach, and play in the sea.
My family take me every chance that
they get,
They even enjoy it when I shake and
get them wet.



I have a best friend, they're called
Rainbow Bear.
The best thing about them is they're
always there.
No matter how I'm feeling, happy or
sad,
To see Rainbow Bear makes my furry
tail wag.



There are lots of things that I like to do, like walking, and swimming, and playing with toys!
My favourite food is shepherd's pie, I like how it makes me feel all warm inside.



There are things about me that make
me unique - the missing bit of my ear,
well, that just makes me me.

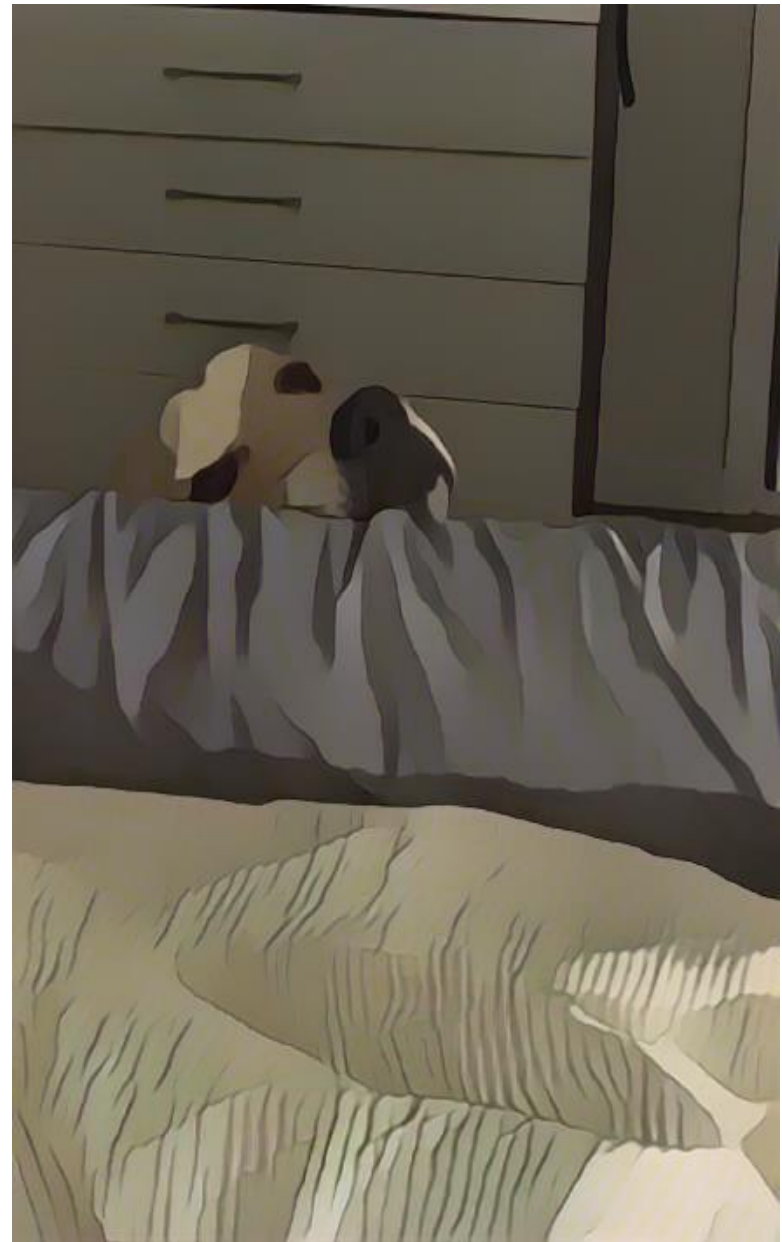
I like everybody, whoever you are,
I'm kind and I'm funny,
And love you just as you are.

I don't have a favourite colour, because
of the way that dogs see. Colours all
look the same to me.

But if I had to pick one, and if i thought
really hard,
It would be the the colour of trees,
whatever that be.



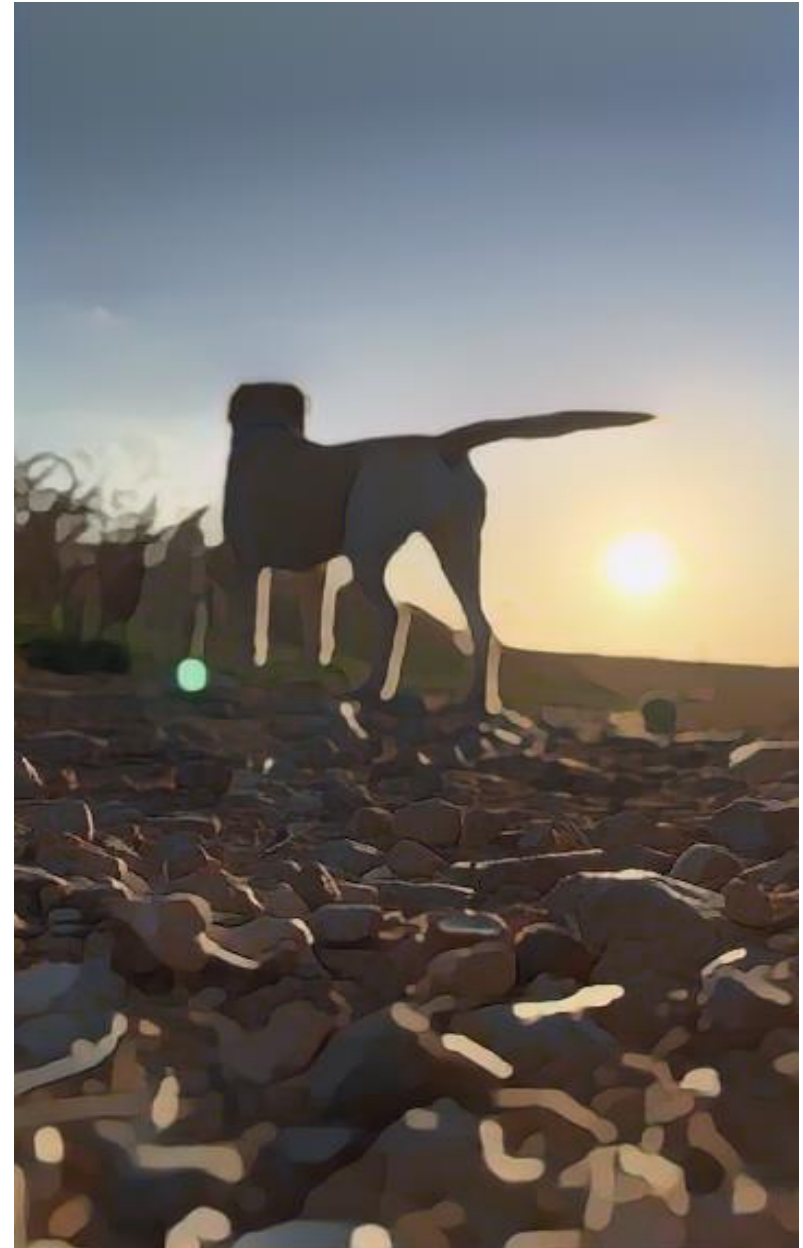
Some things in life scare me,
Like balloons and the dark, I try to be
brave but somethings are hard.
My humans help me, and they say to
me,
'It's okay to be scared Roo, you're not
even three!'



When it comes to music, it's something
I love,
I like to get shaky and wiggle my butt.
I jump and I jump and I get out of
breath,
And then curl up with Rainbow Bear to
have a rest.



If I could wish one thing, then that wish
would be,
For everyone in the world to be as
happy as me,
For smiles to be daily, and for everyone
to care,
About each other in the same way I
care about Rainbow Bear.



So that's a bit of me, now how about
you?
What kind of things do you like to do?
What makes you happy, and do you
have fears?
Tell your story to my big fluffy ears...



Please note, this resource has been created and shared as a way to support conversations about self identity and likes/dislikes and should be used in a way appropriate to young people you are working with.